



*West Surrey Riding Club*

*BHS affiliated Riding Club*

## WSRC News & Events

Our monthly news and events update for October 2018

### WELCOME!

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So it's coming back again – and we cannot avoid it! Autumn has dawned upon us and Winter won't be that far away! Don't get depressed though – we have lots of things planned to get you out of bed and on your horse enjoying the crisp mornings and autumnal colours! As usual, the timetable of upcoming events is at the end of this Newsletter. We have now finished our Summer of events – with massive thanks to the entire Committee for sharing the events load and to all involved at Whitley Manor Farm and feed store for their support with the facilities. The Summer cultivated with the Versatile Horse event which went down really well and as always we have some lovely photos and memories from Chris Lee on the FB and website pages. We would be really interested in hearing your feedback on the summer activities – we cannot run these without your attendance and help – and this year we were bowled over by both – Thank you and we hope you enjoyed the Summer with WSRC!

### NEWS ITEMS – PAST & FUTURE EVENTS

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#### WSRC AGM Friday 23 November 2018

The annual AGM will be held this year on Friday 23 November at Casis's Farm, Rowley Drive in Cranleigh – otherwise known as the Cranleigh RDA. We are delighted to be able to host you all in the new RDA building, the Clubs association with Cranleigh RDA is solid and growing stronger year on year with various Club members being RDA volunteers including Cass Lillington who is the Secretary at RDA and our Chairman Julie who is a coach at RDA.

The evening will start at 7.30 pm – look out for your personalized invitation from the committee by email or post. Our special guest this year will be Dietrich Graf von Schweinitz – who will be well known to some of you as he was a local vet for Surrey Hills (now Sound Equine) for many years. Dietrich will come and talk to us about the merits of acupuncture, chronic pain identification and management and Vets with Horsepower which is a new charity he is involved with!

There will be trophies dispatched and memories shared. We also have a plea this year for new committee members – we currently find ourselves doubling up on jobs which is not ideal and would like to encourage anyone interested in having a say on how the club is run and what goes on offer to come forward – roles include Membership/Team managers (jumping and dressage) and newsletter. You must be computer literate and sociable – that's all we ask!

## Membership renewals

This is just a reminder that annual membership runs from 1<sup>st</sup> November up until the 31<sup>st</sup> October. So, from 1<sup>st</sup> November 2018 onwards, you will need to have renewed your membership to participate in our instruction and events. Regrettably this year we are having to increase our membership fee to reflect our increased costs and outgoings and in line with what other local riding clubs charge, so for the 2018-2019 membership year the annual cost will be £28 for renewing members, and £30 for new members. Please take this into consideration when looking at the following events list for the remainder of the year!

## Sunday 28 October – Dressage series (part 1) at Kilnhanger stables.

The first of the dressage series will take part on Sunday 28<sup>th</sup> October at Kilnhanger.

Tests are Intro C, Prelim 13 and Novice 27. Entries close Thursday October 25<sup>th</sup> – all enquiries please to Vikki Chuter. Link here to MRL for entries and schedule

<https://www.equineaffairs.com/eventdetails.aspx?id=271102>

Please note we still need to helpers on the day – stewarding, writing, scoring etc – Please contact Vikki if you can help – we cannot run these events without you!

# Biomechanics Clinic with Lottie Betchley – Saturday 27<sup>th</sup>

## October at Whitley Manor Farm.

Lottie (from CHAPPS Physio) is a Chartered Physiotherapist specialising in the equine - rider partnership. Lottie provides physiotherapy for both horse and rider, as well as rider pilates and biomechanics sessions. Lottie works closely with a wide range of horse and rider partnerships to optimise their biomechanics, function and performance.

The session will include:

- ~ A ridden assessment of your posture and position.
- ~ Identification, discussion and correction of the weaknesses or asymmetries.
- ~ Practice of ridden exercises for improved symmetry and balance.

Following the session you will be sent an individualised:

- ~ Detailed report of the findings and recommendations for your riding.
- ~ Non-ridden pilates based exercise programme.

Cost:

- ~ individual session 30 minutes (£55)
- ~ individual 60 minutes (£95)
- ~ shared session (2 riders) 60 minutes (£55 pp)

11:30 1 hour session for shared session - 2 riders

12:30 1 hour session for shared session - 2 riders

13:30 30 minute session for 1 rider

14:00 30 minute session for 1 rider

Fantastic arena with mirrors.

Plenty of parking.

Booking on My Riding Life and contact Louise Hollington for any questions.

Closing date 20/10/18

## Upcoming Team events

We have a number of team events coming up this Winter. We are currently looking for new team members who want to represent the club. Entries fees all paid for (for qualifiers that includes Pre entries) and often discounted training prior to the event. Please contact the relevant Team Manager.

Saturday 27 October - BRC Area 11 Novice Winter Dressage Qualifiers. Two team members at prelim level and two at Novice. Prelim entries to BRC by 5 October and entries to the event 22 October, RESERVES needed. Contact Julie Johnson.

BRC Area 11 & 13 Arena Eventing Qualifier Saturday 10 November – prelim entries by 18 October. Courses range from 70 com to a 1m. Teams and individuals (individuals only submitted where we cannot get a full team to compete). Team training provided at a discount. Location: Pyecombe, Brendon Stud, Sussex. Please contact Jenny Tully/Samantha Petri.

Area Team Quiz - Monday 12 November 2018

The Watermill, Dorking (organiser: Chipstead) Please contact Cathy Hughes

Novice (80) Winter Show Jumping Qualifier - Sunday 10 February 2019

Sands Farm (organiser: Abinger Forest) Please contact Jenny Tully

Intermediate Winter Dressage Qualifier Saturday 23 March 2019

Sands Farm (organiser: Newlands Corner) Please contact Julie Johnson

Area Dressage team friendly (2)

Friday 19 April 2019

Merrist Wood (organiser: West Surrey) Please contact Julie Johnson

**Please remember that for all Qualifiers you must have an up to date vaccination certificate for your horse and have your hat tagged according to BRC rules.**

## Instruction Update

We have loads planned this Winter – thanks to Louise for organizing this little lot!

### **Saturday 20 October 2018 - Instructional Dressage with Catriona Moorwood**

Heath Cottage, Farley Green. GU5 9DP

Parking at Roman temple

Practice your test riding for the Club members only dressage series on Sunday 28<sup>th</sup> October. Tests include:

11:00 Intro C

12:00 Prelim 13

13:00 Novice 27

£20 per person for 1 hour (2 people per session). If only 1 booked on, session will be 30 minutes.

### **Saturday 27 October 2018 - Bio mechanics Clinic with Lottie Betchley**

Whipley Manor Farm, Palmers Cross, Bramley, GU5 0LL

11:30 1 hour session for shared session - 2 riders ( £55 per person)

12:30 1 hour session for shared session - 2 riders

13:30 30 minute session for 1 rider (£55)

14:00 30 minute session for 1 rider

### **Flatwork clinics with Ali Cookson**

**Friday 19 October 2018**

**Wednesday 7 November 2018**

**Friday 23 November 2018**

6 x 30 minute individual sessions back to back starting at 09:30  
£35 per session To be held at East Whipley Farm, Shamley Green. GU5 0TE

## **Catriona Instructional Dressage clinic Saturday 17th November**

11:00 Intro A

12:00 Prelim 18

13:00 Novice 24

£20 per person for 1 hour (2 people per session)

If only 1 booked on, session will be 30 minutes.

## **Polework clinic with Sarah-Jane Hornsby**

**Part 1 - Saturday 3rd November**

**Part 2 - Saturday 1st December**

Progressive Polework clinic for building confidence and developing your riding, Sarah-Jane Hornsby has been a regular local instructor for West Surrey for many years and is loved by us all! Her sessions are grounded, a lot of fun and informative – she concentrates on both you and the horse and maximises the best way of going for you both!

10:00 Poles on the ground

11:00 Raised poles

12:00 Cross country style poles

Max 4 in a group

£15 per rider Little Lockner Stables, Dorking Road, Chilworth, GU4 8RH. Parking by arrangement a nearby Sample Oak Farm. (5 minute hack by private path).

## **Showjumping clinic with Sally Thurloway Saturday 10th November**

Mayor House Farm, Farley Heath Road, Albury. GU5 0SR

1 hour sessions from 11:00

Max 4 per group

£25 per rider

## INSTRUCTION AND EVENTS TIMETABLE:

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### October

- Sun 07**      **Group Show jumping instruction with Fiona Breach**  
Location:      Ponds Farm Livery Stables, Brook Lane, Albury, GU5 9JL
- Fri 19**      **Flatwork with Ali Cookson**  
Location:      East Whitley Farm, Shamley Green. GU5 0TE
- Sat 20**      **Dressage Test riding with Catriona Moorwood**  
Location:      Heath Cottage, August Lane, Farley Green, Surrey, GU5 9DP
- Sat 27**      **BRC Area 11 Novice Winter dressage qualifier**  
Location:      Sands Farm, Warnham. Organiser Newands Corner RC (Contact Julie Johnson – Dressage Team Manager)
- Sat 27**      **Lottie Betchley Biomechanics Clinic**  
Location:      Whitley Manor Farm, Bramley, Guildford (Contact Louise Hollington)
- Sun 28**      **WSRC Members Only Dressage Series**  
Location:      Kilnhanger Stables, Farley Heath Road, Farley Heath GU5 9EW (Contact Vikki Chuter)

### November

- Weds 7**      **Flatwork with Ali Cookson**  
Location:      East Whitley Farm, Shamley Green. GU5 0TE
- Sat 3**      **Polework clinic with Sarah Jane Hornsby Part 1**  
Location:      Little Lockner Stables, Chilworth Surrey.
- Sat 10**      **BRC Area 11 Team friendly Show Jumping**  
Location:      Elstead RC (Contact Jenny Tully – Show Jumping Team Manager)

- Sat 10      **BRC Area 11 & 13 Arena Eventing**  
 Location:      Brendon Stud Pyecombe
- Sat 10      **Sally Thurloway Show jumping clinic**  
 Location:      Mayor House Farm, Guildford Surrey
- Mon 12      Area Team Quiz**
- Location: The Watermill, Dorking (organizer Chipstead RC)
- \*\*\*\*\*Please contact Cathy Hughes for more info!\*\*\*\*\*
- Sat 17      **Dressage Test training with Catriona Moorwood**  
 Location:      Heath Cottage, August Lane, Farley Green, Surrey, GU5 9DP
- Sun 18      **Group Show Jumping with Fiona Breech**  
 Location:      Ponds Farm Livery Stables, Brook Lane, Albury, GU5 9JL
- Fri 23      **Flatwork with Ali Cookson**  
 Location:      East Whitley Farm, Shamley Green. GU5 0TE
- Fri 23      **WSRC AGM & Guest speaker**  
 Location:      Casis Farm, Rowley Drive, Cranleigh
- Sun 25      **WSRC Members only Dressage Series**  
 Location:      Kilnhanger Stables, Farley Heath Road, Farley Heath GU5 9EW

## December

- Sat 1      **Polework clinic with Sarah Jane Hornsby Part 2**  
 Location:      Little Lockner Stables, Chilworth Surrey
- Mon 3      **Area 11 Annual meeting with BRC – with talk from Surrey/Sussex Air Ambulance**  
 Location:      The Squirrel pub, Hurtmore – food provided! Please contact Cathy Hughes for more info – all welcome!



## How To Book Instruction

Bookings to be made online via MyRidingLife on our [website](#) (preferred method) or by cheque/post. Payment is required at time of booking. We regret we cannot issue refunds unless a doctor's or vet's certificate/letter is provided. If you are unable to attend your booked instruction, you are free to find a replacement (as long as it's a WSRC member and at an appropriate level for the instruction!) and organise reimbursement between yourselves. We recommend using the WSRC Facebook page for this.

For cheque/postal bookings, please download a booking form from the website and send to Louise Hollington – please contact Louise by email for her address – [lhollington@hotmail.co.uk](mailto:lhollington@hotmail.co.uk)

If you are unsure of venue locations in the Albury/Farley Green/Blackheath area visit our website and search for 'Venue map' for a guide.

## ABOUT WEST SURREY RIDING CLUB

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West Surrey Riding Club (affiliated to the British Riding Club) is a small friendly club based in Area 11 in the Surrey Hills conservation area between Guildford and Cranleigh.

Our primary objective as a club is to help and encourage our members in all aspects of horsey life – from the increasingly popular Trec to interactive lecture demonstrations, instruction and team competitions. The emphasis we try to maintain in the club is to make owning and training your horse as enjoyable and sociable as possible while still being informative and safe. We know that the majority of our riders are keen to improve their skills and do the very best for their horses, so all the events we organise are aimed to promote these things.

All committee members details and other information visit [www.westsurreyridingclub.co.uk](http://www.westsurreyridingclub.co.uk)